

Most Frequently Asked Product Questions:

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How does the ViSi Weight Loss Work? Mechanism of Action: Works intracellularly by assisting the cell membrane to be most responsive to insulin in the burning of sugars. As the sugars are released into energy (metabolism) the body senses that fat storage is unnecessary. As the fat is freely burned, beginning in the belly (visceral fat) region, the body then senses that lean body tissue would continue the energy supply and the vitality that the body loves to experience. As the metabolism is working its way through the fat burning process, the brain signals become more enlightened and appetite is sufficiently controlled. With the appetite under control and the fat being burned, the body starts rebuilding existing mitochondria (energy factories) as well as building new mitochondria. Now the body experiences a feeling of invigoration -- better concentration, more whole sleep patterns, less hunger pangs or junk food / sugar desires. All this because of one simple improvement in the body's physiology called insulin sensitivity instead of insulin resistance.

Is this product safe for diabetics? Each ingredient in the ViSi weight loss product was specially chosen because of the outstanding record of healthiness and scientific research to back it up. A simple computer search using PubMed archives proves the point. Because each ingredient was classified safe and easily tolerated, as well as effective for appetite control, energy production and fat burning potential, the choices were then made as to how much of each ingredient would be needed to accomplish the weight loss goals.

What diet recommendations will accelerate weight loss? Diets that hinder weight loss include eating foods with a high glycemic index or high glycemic load. Being very limited in the use of any foods with refined sugars, high fructose corn syrup, wheat (including whole wheat) as well as corn products. When sugar is elevated in the blood and insulin is working overtime to resolve the sugar issues, the insulin becomes a massive fat storage hormone.

How soon before I'll see results? Many people begin to see results within the first 24 hours, especially appetite decrease, increase in mood, mental clarity, and energy. We recommend taking your measurements and weighing to track your results. Use the ViSi Weight Loss until you reach your desired weight. Then use as needed to maintain or if you see yourself getting out of control or back to your old habits of eating too much or eating the wrong foods.

How much "Water" should I drink? It's imperative to hydrate the body immediately. Not only will water eliminate toxins being released through the process of fat metabolism, it will hydrate the body and help eliminate constipation. One rule of thumb on how much water you need, take your total body weight, divide total in half, and that is how many ounces of water you need. (If you weigh 180, divided = is 90, you need 90 ounces of water each day)

What should I use if I have trouble with constipation? This is a sign that you need to increase your water intake. powdered Vitamin C added to juice or water in the morning or at bedtime is great for relieving constipation.

Do you have other products to enhance weight loss? Yes! We have a total "Wellness" product to support the adrenal system and provide additional nutrients needed during weight loss.

How important is it to take the ViSi Wellness product? The outstanding unique qualities of the ViSi Weight Loss capsules include the Scandinavian berry blend as well as the rice tea leaf extract. The synergy that is released in the product sets it apart from other weight loss products. As time goes by the effectiveness of the product will become even more pronounced. with the berry blend repairing and detoxifying on a daily basis, the fat burners will have a much easier time.

Can I take the ViSi Energy Product at the same time? While taking the ViSi Weight Loss & Energy together, we recommend taking 5 or more hours apart if you need additional energy support.

Will the ViSi Weight Loss irritate my stomach? If you have a sensitive stomach and find taking any supplements on an empty stomach causes irritation to your stomach, then take your supplements with food. Take 15 - 30 minutes before breakfast or lunch. The earlier in the day you take the weight loss pill, the more benefit you get throughout the day.

Is it approved by the FDA? The FDA doesn't approve or disapprove nutritional supplements. All ingredients in the ViSi Weight Loss product are included on the FDA's "G.R.A.S. List" [Generally Recognized As Safe].

What if I am taking other medications? The ViSi Weight Loss product was developed with those, who are overweight, in mind. Because being overweight potentiates higher blood pressure, higher cholesterol and triglyceride levels, higher blood sugar levels, higher liver enzymes, and fatter livers, the original formulation was with these people in mind. Yes the product may be used by those on blood pressure pills, diabetic medications, cholesterol lowering drugs, and even those with elevated liver enzymes.