

Visi Trimma (Tree-MA)

The Perfect Weight Control Solution, Visi Trimma is an all-natural formulation that promotes optimal weight control without the jitters, hunger or confusion of other weight loss products and programs.

Featuring our proprietary Scandinavian Gold Blend, Trimma is designed to support the body's weight control efforts on three major fronts – appetite suppression, thermogenesis and the conversion of body fat.



SUPPLEMENT FACTS

Serving Size: 1 Capsule	Servings Per Container: 30
Amount Per Serving	% Daily Value
Chromium (As Chromium Niacinate)	500 mcg 417%
Proprietary Scandinavian Gold Blend	108 mg *
Cordyceps, Arctic Cloudberry (Rubus chamaemorus), Lingonberry, Garcinia Cambogia Extract (fruit), Trimma Blend:	355 mg *
L-theanine, Coffea Arabica Isolate, Green Tea Extract, L-Carnitine, Pu'erh Tea Powder (Camellia sinensis)	
	* Daily Value not established
Other Ingredients: Gelatin, Magnesium Stearate, Silica.	
How to Use Visi Trimma	
Take up to two (2) capsules daily. Take one (1) capsule in the morning with breakfast or one hour before lunch. If additional benefits are desired a second capsule may be taken. For best results, use in conjunction with a reduced-calorie diet and an exercise program. Results may vary.	

FOR BEST RESULTS, DRINK WITH WATER. One rule of thumb is to drink half your body weight in ounces of water. (If you weigh 180 lbs., divided by 2 = 90 ounces of water each day.)

LIMIT CAFFEINE – For optimal results, after your morning coffee, wait one hour before taking Visi Trimma. For a free sample, contact your Visi Distributor.

What's in Visi Trimma?

Scandinavian Gold Blend: Features the potent antioxidant properties of the Arctic Cloudberry and Lingonberry, which support natural energy metabolism.

L-theanine: This powerful amino acid is known for its ability to boost mood and enhance relaxation while reducing the effects of stress and anxiety.

Cordyceps: A well-known and valued mushroom used in traditional herbal medicine for hundreds of years, helps increase energy levels and supports restful sleep.

Chromium Niacinate: This important mineral aids digestion and helps to move blood sugar (glucose) from the bloodstream into the cells to be used as energy and to turn fats, carbohydrates and proteins into energy.

Coffea Arabica Isolate: Is well known for its effective thermogenic properties as well as its ability to suppress appetite and reduce cravings.

Green Tea Extract: Contains powerful antioxidants, enhances the process of thermogenesis, increases the rate of metabolism of fat without increasing heart rate—all without jitters of anxiety. Green tea also prevents inflammation and controls blood sugar levels.

L-Carnitine: An amino acid that helps the body turn fat into energy and boosts brain function.

Pu'erh Tea Powder: An amino acid that helps the body turn fat into energy and boosts brain function.

Garcinia Cambogia (HCA): Suppresses appetite by redirecting calories away from fat production and towards the formation of glycogen. Glycogen is the stored form of glucose, one of the body's primary sources of energy.

Weight Loss Benefits of Trimma

All Natural Ingredients: Unlike caffeine in energy drinks that use artificial "anhydrous caffeine" the trimethylxanthines are all natural and "buffered" with many organic ingredients. **Coffea Arabica** is made from the raw, unroasted beans to retain its weight-loss benefits (rich in chlorogenic acid). **A little yields a lot of loss.** Not just for dieters—lowers blood pressure in the mild hypertensive and lowers cholesterol.

Metabolizes Stored Fat: Burns fat rather than protein thus preserving lean tissue (fiber, sinew, muscle). Accelerates fat burning thus preventing metabolism from remaining sluggish. Improves insulin sensitivity.

Remediating imbalances by providing things to enhance, optimize and normalize the functions.

Suppresses Appetite: Artificial Sweeteners disrupt neurological signals that control hunger and feeling full as well as slowing down the metabolism (hence, more calories consumed). Alpha brain waves improvement means less anxious, less ravenous, less compulsive, more relaxed yet very awake and cognitive. Will likely help those who want to quit smoking. Increases brain GABA & Dopamine – perfect for stress.

Thermogenesis: Stoking your fat-burning furnace, thus increasing metabolic rate (thermogenesis means "heat production") Pounds melt away. Helps body waste calories. Exercise is thermogenic + most vegetables are high in nutrition and low in calories. Factor most responsible for decreasing thermogenesis is insulin resistance + impaired sympathetic nervous system (natural products to the rescue). Herbs help reset the internal fat-burning thermostat.

Superior Antioxidant Protection: Phytochemicals in Scandinavian Berry Blends are outstanding: Carotenes, Flavonoids, Lignans, Polyphenols, Steroids. Therapeutic effects against: Heart disease & stroke, cancer, cataracts, age-related macular degeneration, cognitive impairment (Alz), age-related immune dysfunction, diabetes, virtually every chronic degenerative disease.

Managing Stress & Mood: Stress affects everything: Adrenal glands, basic metabolic rate, blood pressure, bone remodeling, breathing, immune system, memory, PMS. Controlling cortisol (hydrocortisone) levels. Cortisol keeps your blood sugar levels constant by triggering formation of glucose from fats and proteins + it also maintains blood volume by regulating amount of water in cells. Too much cortisol leads to depression, fatigue & insomnia.

Encourages Mental Clarity: Improves mental processes, thought patterns, perception, memory, creativity and problem-solving. Increase focused attention and improve learning. Improves "signaling molecules" in the nervous system – such as acetylcholine. Deep states of relaxation without sedation. Protects nerve cells from damage when low oxygen (ischemia) occurs. Counteracts anxious jitters associated with caffeine.

These are the opinions of Dr. Charles Rouse, R.P.H., N.M.D. and are based on his knowledge, experience, research and training as to the safety, effectiveness and accuracy of information concerning the mentioned nutritional item. These recommendations have not been reviewed by the US Food and Drug Administration and should not be construed as personal medical advice or instruction. No action should be taken based solely on the contents of this writing. Readers should consult appropriate health professionals on any matter relating to their health and well-being