

Your Life. Your Health. Live Better with VÍsi Wellness.

In spite of advances in medicine and science, optimal health still eludes many of us. We're living longer, but are we really living better or healthier? We all know we should eat healthier foods. We know our bodies need pure, whole-food nutrients to look and feel better; to return to a revitalized state of health. But is that possible?

It is possible. Fortunately, VÍsi (vee-SIGH) has created a revolutionary product called VÍsi Wellness that provides the health solutions we are seeking. Envision a product that delivers dozens of vital nutrients lacking in today's diet. A product without the side effects of prescription drugs. A product whose ingredients are validated by literally hundreds of independent scientific studies.

VÍsi Wellness is that product.



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VÍsi Wellness: The Perfect Nutrition Solution

VÍsi Wellness is a delicious, all-natural multi-vitamin powder that packs a powerful nutritional punch. Featuring our proprietary Scandinavian Berry Blend, this unique formula combines an array of super nutrients including antioxidants, vitamins, minerals, omegas and other phytonutrients—all to give you the benefits of natural Scandinavian beauty and health.

Discover what VÍsi Wellness can do for you.



What's In VÍsi Wellness?

- **Scandinavian Berry Blend:** Features the potent Arctic Cloudberry, Lingonberry and Vikingberry antioxidants.
- **Vitamins A,C,D & E:** Vital for various body functions, including immune, respiratory, brain and skin function
- **B Vitamins:** Crucial for a healthy nervous system, energy metabolism and more
- **L-Arginine:** A powerful promoter of cardio health
- **CoQ10:** Supports cardio and immune function
- **Beta Carotene:** Needed for healthy inflammation and stress support
- **Omega-3 Fatty Acids:** Improves brain function, minimizes inflammation and support nervous system function
- **D-Ribose:** A unique saccharide that helps the body repair itself
- **Lutein & Lycopene:** Protect the eyes
- **Citrus Bioflavonoid Complex 50:** Provides superior antioxidant activity for healthy circulation, cholesterol support and antibacterial benefits

The Power of the Scandinavian Summer

Intense, concentrated and filled with extremes in light, power and sun, the Scandinavian Summer infuses the region's native plants with an unmatched potency of Nature's goodness. After having spent many months in harsh conditions and frigid temperatures, these plants—particularly the Arctic Cloudberry, Lingonberry and Vikingberry—soak up the Nordic energy and sun with mystical speed. The extremes in temperature, climate and season endow these berries and plants with far more nutritional potency than most others found on the planet.

Arctic Cloudberry & Lingonberry: A Potent Nutrient Combo

At the heart of Vísi Wellness is its proprietary Scandinavian Berry Blend, which features two particularly remarkable berries.

The Arctic Cloudberry, also called "Scandinavian Gold," boasts a stunning nutrient and benefit profile. It is rich in vitamins A, C, E, B1, B2, B3 and B6, as well as calcium, magnesium and benzoic acid. The Cloudberry also contains more vitamin E than any other known fruit or vegetable.

The seeds of the Cloudberry also contain fatty acids that are crucial for numerous body organs and

systems. This potent berry also possesses the ability to prevent the growth of harmful bacteria such as salmonella, as well as intestinal parasites.

The Lingonberry also has astounding properties. It contains high levels of organic acids, vitamins C and A, B vitamins, potassium, calcium, magnesium and phosphorous. This berry also boasts rich reserves of flavonoids, lignans and resveratrol. It has been used in Europe for centuries in a variety of traditional uses ranging from gastrointestinal upset to joint discomfort.

What Does the Science Show?

Hundreds of studies have been conducted on the primary berries in Vísi Wellness. In fact, researchers from Finland recently found that three of the primary berries in Vísi Wellness possess significant cell-protective properties:

"[Cloudberry, lingonberry and vikingberry] seem to have great potential as a source of chemopreventive components."

— Asia Pac J Clin Nutr. 2008; 17 Suppl 1:123-5

9 Ways Vísi Wellness Can Help

- 1. Is 100% Natural:** The ingredients in Wellness are all-natural, and there are no synthetics, harsh chemicals or fillers.
- 2. Provides Superior Antioxidant Protection:** Oxidative stress is caused by the cellular damage inflicted by free radicals. Wellness neutralizes free radicals and protects the body's cells and tissues for overall health.
- 3. Improves Cardiovascular Health:** The powerful antioxidant properties of Wellness help protect the heart and blood vessels.
- 4. Promotes Optimal Immune Function:** Wellness delivers several nutrients that encourage proper immune response and that possess anti-bacterial properties.
- 5. Encourages Anti-Aging Effects:** The wide array of nutrients in Wellness can boost energy and improve overall health, helping you feel and look more youthful.
- 6. Manages Healthy Stress Levels:** The B vitamins, beta-carotene and other nutrients in Wellness help control stress and provide emotional stability.
- 7. Supports Healthy Cholesterol Levels:** The flavonoids, CoQ10 and other antioxidants in Wellness prevent the oxidation of cholesterol by free radicals. Oxidized cholesterol contributes to unhealthy arteries and blood vessels.
- 8. Optimizes Respiratory Function:** Healthy lungs are crucial to good health. Wellness minimizes inflammation for keeping airways clear.
- 9. Encourages Mental Clarity & Focus:** The antioxidants in Wellness can protect the brain and boost mental activity.

How to Use Vísi Wellness

Vísi Wellness comes in a convenient packet that allows you to instantly drink Vísi anytime, anywhere. Mix one (1) packet with 8-16 ounces of water. Shake well and enjoy!

